

October 5, 2009

To: All Residents
From: 239-Bart
Re: welcome October newsletter

Let us know when lights are out, leaks begin, things are broken, bugs are relentless, or any problems we can solve, like neighbors who smoke. Thank you for all your comments, suggestions that help us repair and improve your home.

Notice the plants and gardens flourish with care from Marius Danazas, formerly photojournalist who hails from Riga, Latvia, now in charge of all landscape projects as well overall building housekeeping. Jose, Alesia and Erin continue tirelessly to always take care of your every housing need.

FREE YOGA (all levels) every Saturday morning 9:30am for an hour at Fit Athletic Club, 350 10th Ave. After class you are welcome to use the gym, relax by the pool, brought to us by lululemon.

CIRCUS training by Sophia Isadora Academy of Circus Arts will have some wonderful programs for us in the 'hood, 4241 Park Blvd, www.SDCircus.com, 543-0911.

MUSIC pitch for our own Jason's band transfer www.transfer.com their CD release party's at Beauty Bart, Nov 6,7. And kudos to Astra for being nominated to -----(**please, Alesia, asap, thanks**). Please keep us posted with more announcements you'd enjoy sharing.

CUT CONSUMPTION , if you are looking for a few easy ways: 1) ditch processed food, 2) make your own cleaning products, 3) wear less makeup, 4) pass up the fast food, 5) shut down PC, 6) skip store bought cereal, make granola, 7) eat less meat, 8) grow your own food.

GARDEN First three volunteers to start a community garden on the hill will each be given a free spade plus a pair of seats (or two tickets) to any San Diego Symphony concert at 750 B St. Architect Cassandra has planned urban agriculture projects in San Diego, 239-5191.

FOR RENT

For rent we currently have a studio, and stunning one bedroom, each with hardwood floors (\$820 - 965), and a very affordable sunlit studio/kitchenette, with shared bath. We continue to offer you a gratuity of \$100 when you refer to us a renter. That's our way of thanking you for keeping it in the family!

We continue to toast to Drew of the Pink Palace for keeping FREE high speed wireless internet www.goldenhillfreeweb.org supported so flawlessly. Get in touch with him for any questions, comments, or if you simply are unable to sign on from your home

Do well, take care, and question authority.